



UK F18 National and Euro-Cup Championships

27th – 29th August 2016

Mumbles Yacht Club, Swansea

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the *Racing Rules of Sailing 2013--2016 (RRS)* and any amendments.
- 1.2. The Equipment Rules of Sailing 2012 – 2016 (ERS) and his amendments.
- 1.3. The Class Rules of the International Formula 18 Catamaran Association.
- 1.4. The Notice of Race
- 1.5. These Sailing Instructions. (SI's)
- 1.6. In case of conflict between languages, the English text shall take precedence.

2. ADVERTISING

- 2.1. Competitors are allowed to display advertising, but not advertising to promote alcohol, tobacco or items the Race Committee could consider inappropriate.
- 2.2. Boats may be required to display advertising chosen and supplied by the organizing authority.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the official regatta notice board located in the foyer of Mumbles Yacht Club.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to these SIs will be posted SIXTY minutes before racing hoisting Code flag "V" on the day it will take effect, except that any change in the schedule of the races will be posted by 20:00 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on a signaling mast on the roof of Mumbles Yacht Club.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.
- 5.3. Flag G with one sound means 'The warning signal will be made not less than 45 minutes after flag G is displayed.'

6. FORMAT OF RACING

- 6.1. NINE races are scheduled for the Championship.

6.2. Three races may be sailed each day, except when races have been postponed on previous days. In such a case, a maximum of FOUR races can be sailed on one day.

7. SCHEDULE

7.1. Schedule of racing

DATE

Saturday 27th August 2016

EVENT

Registration 9.00 – 11.00

Competitors Briefing – Time 10.30

3 Races – First Warning Signal not before 11.55

Subsequent start to commence as soon as possible following previous race

Sunday 28th August 2016

3 Races – First Warning Signal not before 11.55

Subsequent start to commence as soon as possible following previous race

Monday 29th August 2016

3 Races – First Warning Signal not before 11.55

Subsequent start to commence as soon as possible following previous race

7.2. Number of races: there are NINE races scheduled with no more than four sailed on a day.

7.3. Any race on the last day for which a warning signal is not given by 15.00 unless General Recall, shall not be sailed.

8. STARTING AREA AND RACING AREA

8.1. The Race Area will be described at briefing. Racing will be in and around the confines of Swansea Bay.

9. THE COURSE

9.1. The Courses will be a Windward / Leeward with a spreader and gate, as described in appendix 1. The number of rounds will be indicated on a board on the committee boat.

10. MARKS

10.1. The marks of the course will be orange cylindrical buoys.

11. Spare

12. THE START

12.1. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made

12.2. The starting line will be between the mast of the committee boat flying an orange flag and a yellow cylindrical pillar buoy.

13. Spare

14. THE FINISH

14.1. The finishing line will be between the mast of the committee boat flying a blue flag and a yellow cylindrical pillar buoy.

14.2. After finishing all boats are required to leave the Race Area as soon as possible.

14.3. If the race is shortened, then Code Flag "S" will be flown on the committee boat as the lead boat passes the last mark BEFORE the finish. A rib flying code flag "F" will be stationed at the gate. Boats will leave mark 2 to port and proceed to the finishing line.

15. PENALTY SYSTEM

- 15.1. The penalty rules RRS 44.1 and 44.2 are changed so that the two-turns penalty shall be replaced by a one-turn penalty, and shall include one tack and one gybe.
- 15.2. A boat that has taken a penalty or has retired under RRS 44.1 shall notify and receive acknowledgment from the Race Office on the point.

16. TIME LIMITS AND TARGET TIMES

- 16.1. The target time for a race is FIFTY minutes for the leading boats. Failure to meet the target time will not be grounds for redress.
- 16.2. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.
- 16.3. The time limit for the boat finishing first in a race will be NINETY minutes.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1. The intention to protest shall be announced to the Race Committee IMMEDIATELY after finishing. The competitor must wait for an acknowledgment from the Race Committee. This changes RRS 61.1(a)
- 17.2. Protest forms are available at the Race Offices. Protests shall be delivered within the Protest Time Limit.
- 17.3. For the fleet, the Protest Time Limit is SIXTY minutes after the last boat has finished the last race of the day. The same Protest Time Limit applies to all protests by the Race Committee and requests for redress. This changes RRS 61.3 and 62.2.
- 17.4. Notices will be posted within THIRTY minutes of the Protest Time Limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Club Offices.
- 17.5. Protests will be heard at the Club rooms. Parties involved in protests (including witnesses) shall remain in the vicinity of the Club room until the protest has been heard.
- 17.6. Notices of protests by the Race Committee or Jury will be posted within the protest time limit to inform boats under RRS 61.1(b).
- 17.7. Breaches of instructions 12.4 (boat in Starting Area), 19 (Safety), 20 (Replacement), 23 (Support), and 24 (Radio Communication) will not be grounds for a protest by a boat. This alters RRS 60.1(a). Penalties for these breaches may be less than disqualification if the Jury so decides.
- 17.8. On the last day of the regatta a request for reopening a hearing shall be delivered: (This changes RRS 66):
 - a) Within the Protest Time if the party requesting opening was informed of the decision on the previous day;
 - b) No later than THIRTY minutes after the party requesting reopening was informed of the decision on that day.
 - c) If there is no racing on the last day of the regatta the Time Limit for a request for reopening is THIRTY minutes after signaling the abandonment of all further races.

18. SCORING

- 18.1. The Low Point System, Appendix A will apply.
- 18.2. There will be nine races.
- 18.3. THREE races must be completed to validate the Championship.
- 18.4. When boats have completed FOUR races, a boat's worst score will be excluded.
- 18.5. When SEVEN races have been completed, a boat's second worse score will be excluded.

19. SAFETY REGULATIONS

- 19.1. The safety of a boat and her entire management, including insurance, shall be the sole and inescapable responsibility of the owner or entrant racing the boat.
- 19.2. ALL PARTICIPANTS SHALL WEAR ADEQUATE PERSONAL BUOYANCY ALL TIMES WHILE AFLOAT. WET SUITS OR DRY SUITS ARE RECOMMENDED BUT DO NOT CONSTITUTE ADEQUATE PERSONAL BUOYANCY (this changes RRS 40)

- 19.3. All participants shall sign out just before going to race, and immediately sign in after coming on shore. One signature per boat suffices, taking responsibility for both sailors.
- 19.4. Failing to sign out MAY result in a DNC score, without hearing, for the first race of that day in which the boat finishes.
- 19.5. Failing to sign in will result in a DNC score, without hearing, for the last race of that day in which the boat finishes.
- 19.6. A boat that retires from a race shall notify the Race Committee as soon as possible, and sign off as DID NOT FINISH. (DNF)

20. REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 20.2. Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules.

22. HAZARDS TO NAVIGATION

- 22.1.** Competitors are required to avoid the area of Swansea Bay in close proximity to the pier, and islands, as well as any commercial shipping entering or leaving Swansea docks

23. OFFICIAL BOATS

- 23.1. There are not any official boats.

24. RADIO COMMUNICATION

- 24.1. A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones with the exception of emergencies.

25. PRIZES

- 25.1. The regatta winner will obtain the title "2016 Formula 18 United Kingdom Champion"
- 25.2. Prizes will be awarded in the following categories subject to entry numbers:
- a) Pro-am Team,
 - b) Overall winner,
 - c) Mixed team,
 - d) Masters – the helm shall be aged 50 years or older on the first day of the event,
 - e) Youth – both helm and crew aged 23 or younger on the first day of the event.

26. DISCLAIMER OF LIABILITY

- 26.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race.
- 26.2. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

27. INSURANCE

- 27.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000

Appendix 1

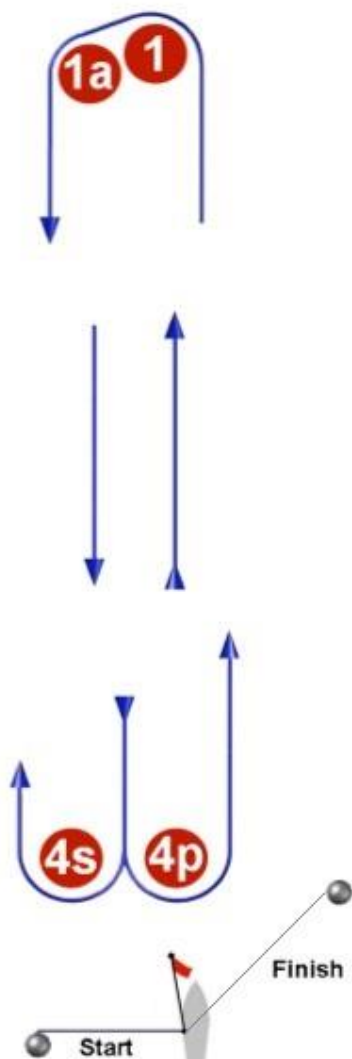
Course 3 Windward-Leeward

Start – 1p – 1a (p) – 4s (or 4p) = 1 round. Continue until Finish with 4p

Mark 1 – 1a to be passed to Port, Mark 4s (left to starboard) and 4p (left to Port)

Number of rounds will be indicated on a board on the committee boat.

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Marking Rounding Order
Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p
- 1 - 1a - Finish